

## Probation and Parole – Reentry Service Centers – Recovery Kentucky Centers – Community Locations

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| Program Name        | <b>MRT<sup>®</sup> – Moral Reconation Therapy</b><br><i>MRT<sup>®</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>®</sup> and its related products are property of CCI. CCI is the sole source provider of MRT<sup>®</sup> products.</i>  |
| Program Description | <p>This <b>Evidence Based</b> program combines group presentations and individual assignments, along with facilitator guidance when necessary. The program was designed in a criminal justice setting for offenders involved in the criminal justice system. MRT<sup>®</sup> targets an offender’s belief system and attempts to raise their level of moral reasoning in their decision-making process. The MRT<sup>®</sup> program has been researched for over thirty years and has proven reduction in recidivism levels at multiple points of progress within the program, as well as after overall program completion. MRT<sup>®</sup> is designed to achieve formal program completion after 12 in-group steps. The workbook for this program is entitled ‘How to Escape Your Prison’<sup>®</sup> and includes the use of a separate facilitator guide.</p> |
| Time Frame          | <p>Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.</p>   |
| Program Credit      | <p>This program receives <b>90</b> days program credit upon completion.</p>   |
| Admission Criteria  | <p>All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment.</p>   |
| Applicable Policies | <p>CPP 30.1 Program Evaluation and Measurement<br/> CPP 30.2 Program Credit<br/> CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance<br/> CPP 30.4 Probation Program Credit<br/> KRS 197.045<br/> KRS 439.345</p>  |
| Program Locations   | <p><b>All</b> 20 Probation and Parole districts<br/> BCDC, Brady Center, CTS Russell, DC Diersen, Privett Hope Center, Jacobs House, KCI Paducah, DC Louisville, Mary Street, DC Owensboro, DC Portland, DC St. Patrick’s, VOA, and Westcare<br/> Other community locations as approved by the Department.</p>  |

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| Program Name        | <b>MRT<sup>®</sup> Mentor</b><br><i>MRT<sup>®</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>®</sup> and its related products are property of CCI. CCI is the sole source provider of MRT<sup>®</sup> products.</i>  |
| Program Description | <p>The MRT<sup>®</sup> Mentoring program strives to ensure a higher success rate for those who have previously completed MRT<sup>®</sup>. A Mentor within the MRT<sup>®</sup> program will be held to a higher behavioral expectation than those participating in the MRT<sup>®</sup> group. Mentorship is beneficial for both the offender serving as the mentor, as well as for the offenders participating in the MRT<sup>®</sup> program. As a mentor, this offender will be expected to revisit steps 7, 8 and 13-16 from the offender's original 'How to Escape your Prison'<sup>®</sup> workbook, along with completion of the 'Character Development'<sup>®</sup> Workbook.</p> |
| Time Frame          | <p>Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.</p>   |
| Program Credit      | <p>This program receives <b>90</b> days program credit upon completion.</p>   |
| Admission Criteria  | <p><b>Prerequisite:</b> completion of MRT.</p> <p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.</p>  |
| Applicable Policies | <p>CPP 30.1 Program Evaluation and Measurement<br/> CPP 30.2 Program Credit<br/> CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance<br/> CPP 30.4 Probation Program Credit<br/> KRS 197.045<br/> KRS 439.345</p>  |
| Program Locations   | <p><b>All</b> 20 Probation and Parole Districts</p>   |

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| Program Name        | <b>MRT<sup>®</sup> Thinking for Good</b><br><i>MRT<sup>®</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>®</sup> and its related products are property of CCI. CCI is the sole source provider of MRT<sup>®</sup> products.</i>  |
| Program Description | <p>This Cognitive Behavioral program was developed to confront Anti-Social and Criminal Thinking errors.</p> <p>Completion entails 10 modules with a minimum of 10-12 group sessions utilizing the 'Thinking for Good'<sup>®</sup> Workbook, and the completion of homework assignments prepared outside of group.</p> |
| Time Frame          | Depending on offender needs and progression, the offender should expect to participate in a minimum of 10 – 12 group sessions.   |
| Program Credit      | This program receives <b>60</b> days program credit upon completion.   |
| Admission Criteria  | All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.   |
| Applicable Policies | CPP 30.1 Program Evaluation and Measurement<br>CPP 30.2 Program Credit<br>CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance<br>CPP 30.4 Probation Program Credit<br>KRS 197.045<br>KRS 439.345  |
| Program Locations   | <b>All</b> 20 Probation and Parole districts   |

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| Program Name        | <b>MRT® Parenting</b><br><i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i>                                 |
| Program Description | This Cognitive-Behavioral program focuses on family values and individual priorities, and is appropriate for all parents.   |
| Time Frame          | Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 group sessions utilizing the 'Parenting and Family Values'® workbook.  |
| Program Credit      | This program receives <b>90</b> days program credit upon completion.  |
| Admission Criteria  | <b>Prerequisite:</b> Offenders should be in an active parenting role.<br>All program recommendations are based on their specific criminogenic needs, as identified in the KYRAS assessment.                                     |
| Applicable Policies | CPP 30.1 Program Evaluation and Measurement<br>CPP 30.2 Program Credit<br>CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance<br>CPP 30.4 Probation Program Credit<br>KRS 197.045<br>KRS 439.345 |
| Program Locations   | <b>All</b> 20 Probation and Parole districts<br>CTS Russell, DC Diersen, KCI Paducah, and Westcare<br>Other community locations as approved by the Department.  |

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| Program Name        | <b>MRT<sup>®</sup> Anger Management</b><br><i>MRT<sup>®</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>®</sup> and its related products are property of CCI. CCI is the sole source provider of MRT<sup>®</sup> products.</i>  |
| Program Description | This Cognitive-Behavioral program is designed to assist offenders in recognizing and overcoming anger. This program includes completion of 8 modules with a minimum of 8-10 group sessions utilizing the 'Coping with Anger' <sup>®</sup> workbook, various supplemental materials, and the completion of homework assignments prepared outside of group. |
| Time Frame          | Depending on offender needs and progression, offenders can expect to participate in an average of 10 – 12 group sessions.   |
| Program Credit      | This program receives <b>90</b> days program credit upon completion.  |
| Admission Criteria  | All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.  |
| Applicable Policies | CPP 30.1 Program Evaluation and Measurement<br>CPP 30.2 Program Credit<br>CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance<br>CPP 30.4 Probation Program Credit<br>KRS 197.045<br>KRS 439.345   |
| Program Locations   | <b>All</b> 20 Probation and Parole districts<br>BCDC, CTS Russell, KCI Paducah, and Westcare  |

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| Program Name        | <b>MRT<sup>®</sup> Staying Quit</b><br><i>MRT<sup>®</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>®</sup> and its related products are property of CCI. CCI is the sole source provider of MRT<sup>®</sup> products.</i>  |
| Program Description | <p>This Cognitive-Behavioral program is designed to assist with relapse prevention by helping offenders to recognize risky situations, cravings, and triggers. This program requires completion of eight (8) modules over a minimum of 8-10 group sessions. Groups are open-ended and require the completion of the 'Staying Quit'<sup>®</sup> workbook, as well as preparation of homework assignments outside of group.</p> |
| Time Frame          | <p>Depending on offender needs and progression, the offender should expect to participate in a minimum of 8 – 10 group sessions.</p>  |
| Program Credit      | <p>This program receives <b>60</b> days program credit upon completion.</p>   |
| Admission Criteria  | <p><b>Prerequisite:</b> Must have successfully completed the SAP program prior to admission.</p> <p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment and having a substance use history.</p>   |
| Applicable Policies | <p>CPP 30.1 Program Evaluation and Measurement</p> <p>CPP 30.2 Program Credit</p> <p>CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance</p> <p>CPP 30.4 Probation Program Credit</p> <p>KRS 197.045</p> <p>KRS 439.345</p>  |
| Program Locations   | <p><b>All</b> 20 Probation and Parole districts</p> <p>BCDC, KCI Paducah, and Westcare</p>  |

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| Program Name        | <b>MRT<sup>®</sup> Untangling Relationships</b><br><i>MRT<sup>®</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>®</sup> and its related products are property of CCI. CCI is the sole source provider of MRT<sup>®</sup> products.</i>   |
| Program Description | This Cognitive-Behavioral program focuses on providing treatment to offenders involved in addictive/co-dependent relationships – confronting the issues of manipulation and dependence. Targets domestic violence, unhealthy relationships, enabling, substance abusers and criminality. Offenders will be required to participate in a minimum of 12 group sessions, along with preparation of homework assignments outside of group. This program utilizes the ‘Untangling Relationships’ <sup>®</sup> workbook. |
| Time Frame          | Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 group sessions utilizing the ‘Untangling Relationships’ <sup>®</sup> workbook.  |
| Program Credit      | This program receives <b>90</b> days program credit upon completion.   |
| Admission Criteria  | All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.   |
| Applicable Policies | CPP 30.1 Program Evaluation and Measurement<br>CPP 30.2 Program Credit<br>CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance<br>CPP 30.4 Probation Program Credit<br>KRS 197.045<br>KRS 439.345  |
| Program Locations   | <b>All</b> 20 Probation and Parole districts   |

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| Program Name        | <b>Healthy Lifestyles - CBT</b>   |
| Program Description | This Evidence Based program utilizes an independent assessment (to develop and guide treatment), along with multiple phases and interventions of treatment including group, individual, milieu, peer support and case management. Healthy Lifestyles will target male clients between the ages of 18 – 24 who meet the criteria for anti-social personality disorder and are high risk. |
| Time Frame          | Length of time in program is dependent on individual offender progress, although offenders can generally expect to achieve formal program completion after 12 – 24 months and three total phases (Phase I – Treatment Readiness, Phase II – Control & Restore, Phase III – Responsibility & Productivity).  |
| Program Credit      | This program receives <b>90</b> days program credit upon completion.  |
| Admission Criteria  | All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment. Additionally, this program has prerequisites of the following criteria: male clients between the ages of 18 – 24 who meet the criteria for anti-social personality disorder and are high risk.   |
| Applicable Policies | CPP 30.1 Program Evaluation and Measurement<br>CPP 30.2 Program Credit<br>CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance<br>KRS 197.045   |
| Locations           | DC Portland   |



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| Program Name        | <b>Sex Offender Treatment Program - Community</b>  |
| Program Description | This <b>Evidence Based</b> program consists of individual and group counseling for offenders in the community. This program is geared to provide tools that sexual offenders can use for controlling their sexually assaultive behavior. Sexual Offenders are referred and are screened for acceptance into the program that typically takes months to complete. The program provides treatment for sex offenders to allow them to manage their deviant behavior and thoughts. |
| Time Frame          | Depending on inmate needs and progression, this treatment program may take from 18 months to 24 months to complete.  |
| Program Credit      | This program is eligible for <b>90</b> days program credit upon completion, however, application of sentence credits are subject to statute governing eligibility of sentence credit for sex offenders.  |
| Admission Criteria  | This treatment program is statutorily required based on the inmate's crime and conviction date.  |
| Applicable Policies | CPP 30.1 Program Evaluation and Measurement<br>CPP 30.2 Program Credit<br>CPP 30.5 Sex Offender Treatment Program<br>KRS 197.045   |
| Locations           | <b>Community:</b> DOC sites: Owensboro, Louisville, Florence, Morehead, Lexington, Somerset, Pikeville, Hazard, London, and Williamsburg.  |

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| Program Name        | <b>Sex Offender Treatment Program - Private Providers</b>  |
| Program Description | This <b>Evidence Based</b> program consists of individual and group counseling by private providers to offenders in the community. This program is geared to provide tools that sexual offenders can use for controlling their sexually assaultive behavior. Sexual Offenders are referred and are screened for acceptance into the program. 501 KAR 6:220 defines the amount of time it takes to complete SOTP-P. The program provides treatment for sex offenders to allow them to manage their deviant behavior and thoughts. |
| Time Frame          | Depending on inmate risk level, previous treatment, and needs assessment needs and progression, this treatment program may take from 18 months to 24 months to complete.   |
| Program Credit      | This program is eligible for <b>90</b> days program credit upon completion, however, application of sentence credits are subject to statute governing eligibility of sentence credit for sex offenders.  |
| Admission Criteria  | This treatment program is statutorily required based on the inmate's crime and conviction date.  |
| Applicable Policies | CPP 30.1 Program Evaluation and Measurement<br>CPP 30.2 Program Credit<br>CPP 30.5 Sex Offender Treatment Program<br>KRS 197.045   |
| Locations           | Private providers approved by the Sex Offender Risk Assessment Advisory Board provide sex offender treatment in different locations throughout Kentucky.   |